

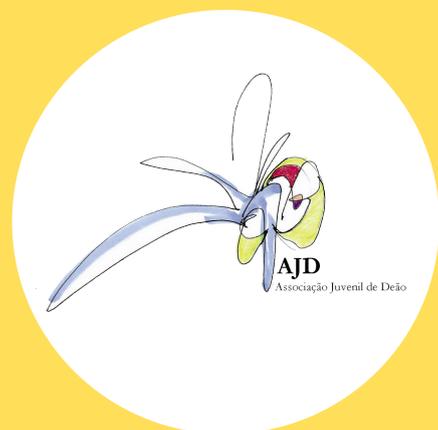
# PROJECT: HEY – HELPING TO EMPOWER YOUTH 2ND EDITION

2021-1-PT02-ESC50-007755

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ASSOCIAÇÃO JUVENIL DE DEÃO – AJD  
VIANA DO CASTELO  
PORTUGAL

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# INFORMATION ABOUT THE PROJECT

## HEY – HELPING TO EMPOWER YOUTH 2ND EDITION

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The project starts on 01/09/2021 and finish at 31/03/2023.

The planned dates for activity are from 10/01/2022 to 6/10/2022.

There will be 3 volunteer (Spain, Italy and German) in charge of the following activities.

### **Activities you will develop**

The volunteer will develop, according to his/her competences/skills and knowledge, activities that fall within the existing departments of the Associação Juvenil de Deão - AJD .

#### Project Department:

- support in project work. Facilitate activities, support in meetings with partners, preparation of activities, etc;
- propose new projects and ideas for the department;
- project writing support with youth teams.

#### Community School:

Ludoteca Space

- thus the volunteer will be involved in supporting the Community School of the association, providing support to the monitors, and developing, under their guidance, the daily activities with children and young people (study time, arts, body language, science, computer, free time, etc.);
- develop the AJD community garden;
- rethinking AJD's outdoor space (large garden) with stimuli for learning by playing through non-formal education;
- develop ideas to make the Playroom more "Green".

#### Cavaquinho Group

- get involved in the cavaquinho group. Learn to play the cavaquinho. Access to an experience with people from different generations of the community we are in.

# INFORMATION ABOUT THE PROJECT

## HEY – HELPING TO EMPOWER YOUTH 2ND EDITION

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### Sports section

- this activity has been stopped at AJD, so it is intended that volunteers can propose activities to be developed to boost the sports section at AJD

### Animation

- volunteers are expected to propose non-formal language courses for children, youth and adults. They may promote in their native language or in english.

### Communication and Image Department:

- the volunteer will receive adequate language training and he/she will contribute to the Newsletter “O Carocha” and to the blog, with the aim to report the experiences and activities that are being carried out by the association, conducting interviews and preparing texts. That will also help to improve his/her written and spoken Portuguese language.

- create promotional materials for the activities we develop at AJD;

- create a video presentation of AJD;

### More...

- Two days per week the work will be carried out at the Agrupamento de Escolas de Arga e Lima, Monta da Ola School, Carteado Mena School, among others a partner entity of the AJD, which is a school attended by the children and the youth of the rural parishes. The volunteers will support the teachers in extra-curricular activities for the students.

- One morning per week the volunteer will go to the Centro Social e Paroquial de Deão, where he/she will help on the dynamisation of writing and reading workshops directed to illiterate elderly people.

- Two days a week they will develop activities in 1st cycle schools for children from gipsy communities with few opportunities;

- The volunteer will also have to inform and present the European Solidarity Corps, Erasmus+ Program and its opportunities to other young people (including enhancing the benefits, rights and duties of EVS). The volunteer will also accompany the AJD to meetings, seminars, assemblies, shows, etc., in particular those promoted by Animar - Portuguese Association for Local Development or by the National Federation of Youth Associations – FNAJ

The volunteer, if he or she has the will, must develop a **personal project**.

# INFORMATION ABOUT THE PROJECT

## HEY – HELPING TO EMPOWER YOUTH 2ND EDITION

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### Financial support



**Pocket Money** for the period of activity has an amount of 5 euros per day.

**Meals:** lunch on workingdays will be provided by AJD. For other lunches, dinners, breakfasts and snacks the volunteer will be given the value of EUR 100,00 per month, by bank transfer.

**Accommodation:** AJD will be responsible for the payment of the monthly rent.

**Travel on public transport:** AJD will be responsible for the acquisition and payment of the monthly pass that is required in the public transport journeys between Viana do Castelo and the local activities.

**Plane trip (round trip):** after the presentation of the travel payment receipt, AJD will refund the amount until EUR 275 by bank transfer.



### Profile of the volunteers (each entity provides one of three)

1 – He/She must have interest and backward knowledge about communication design, web design, blogging and social media. It is also valuable to have good communication skills and will to organise events for the community.

2 – He/She must also have interest and will to work with children and young people. Showing interest in foreign cultures and having this experience at this stage in his/her life will help him/her to make decisions for the future, both in terms of employment and education/training.

3 - He/She must also have interest and will to work with old people;

4 - He/She must also have interest and will to work with people with social obstacles (different ethnicities)

5 – He/She must be interested in preserving the environment and know organic farming techniques. It is necessary to continue the project of the association's community garden.

6 - The age must be between 18 and 30 years old.



# INFORMATION ABOUT THE PROJECT

## HEY – HELPING TO EMPOWER YOUTH 2ND EDITION

### Requirements



Autonomy, creativity, responsibility, organisation skills, determination, empathy, dynamism, initiative, joy in interpersonal relationships and in teamwork, flexibility to perform different tasks and interest and motivation to work with children and young people.



### Volunteering conditions and opportunities

The volunteer will work **30 hours per week** and will have free weekends (Saturday and Sunday), **6 hours per day**. Eventually, some activities may be developed during the weekends; however, if this happens, it will be compensated with other two consecutive days during the week, agreed on mutually between the volunteer and the association.

The volunteer will also be entitled to two days off per month, which will be taken according to their own interests and needs.

Upon arrival, the host/coordinating organisation will ensure that volunteer attend an onarrival training and later a mid-term training. In a similar way, during the performance of

his/her tasks, the volunteer will receive support, guidance and supervision by the monitor/supervisor who is responsible for each activity. The host/coordinating organisation will ensure that volunteer have a free language training throughout the whole service.

For personal support, the volunteer will have a mentor, with who he/she will meet weekly throughout the service period. The mentor will assist with the integration of the volunteer in the association, in the project and in the local community. The mentor will also provide support during the process of learning/Youthpass and will also handle administrative matters, if necessary.



# INFORMATION ABOUT THE PROJECT

## HEY – HELPING TO EMPOWER YOUTH 2ND EDITION

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The host organisation will bring to the volunteer the opportunity to meet/get to know local people and other CES volunteers and will give the opportunity to participate in leisure activities.

The association will give the volunteer an opportunity to develop a specific set of tasks, enhancing their creativity while also allowing some of his/her ideas or experiences to be integrated. The volunteer, if he or she has the will, must develop a personal project.

### COVID-19 prevention recommendations



- Volunteers, and any member of the work team, must comply with the rules established by the Portuguese government for the prevention of the pandemic COVID19 (<https://www.sns24.gov.pt/tema/doencas-infecciosas/covid-19/prevencao/>);
- During working hours, volunteers must wear a personal protective mask and comply with the rules of respiratory etiquette;
- Collaborate in the permanent disinfection of the materials used in the activities and common spaces.



THANK YOU